

Additional Guidelines/Recommendations for Clinical Infection Prevention & Control Preparedness

1. MDH Self-Certification Notice
2. Create a written Exposure Control Plan in compliance with OSHA standard 29 CFR 1910.1030, even if you are a sole proprietor. A written plan must be reviewed and updated annually.
 - a. Template for Exposure Control Plan (update with your information and sign)
 1. Refer to link in the email
3. Identify potential high touch surfaces encountered by patients from their mode of transportation to your clinic entry: doors, elevators etc.
4. Assess modifications to clinic entry setting for appropriate infection control during screening
 - a. Prop entry door so patient does not touch handle
 - b. Remove waiting room books/magazines
5. Patient screening
 - a. Take vitals: blood pressure, blood oxygen level, temperature, pulse rate, height and weight
 1. Free course on vital signs: [Coursera](#)
 2. [Visual](#) of basic vital readings
 - b. Diagnostic tools for purchase: [Medix Source](#) [Henry Schein](#)
6. Assess clinical treatment setting
 - a. Number and layout of treatment rooms (allowable distance, ventilation, surfaces to disinfect)
 - b. Number of patients treated in a single room
 - c. Adjust space between treatment tables/chairs
 - d. Non-touch, covered waste receptacle for disposal of masks, gloves, etc.
7. Assess patient access
 - a. Hand washing stations
 - b. Hand sanitizer: CDC is recommending hand sanitizer with 60-75% alcohol for use in medical settings
 - c. Provision of tissues and non-touch waste disposal for cough etiquette
8. Document your inventory of supplies needed for infection control (outside the standard supplies described in the CNT manual)
 - a. Gloves
 1. For disinfecting and cleaning

2. Not required for needling during treatments
 - b. Facemasks, for providers, staff and patients.
 1. [See guide 1 and guide 2](#) on face mask selection
 2. PPE Supplier list: [AHRMM](#) [ScrippHessco](#)
 3. Optional Promotional PPE: [Trident Wear](#)
 - c. General infection control supplies: [Stericycle](#)
 - d. Infection control organization: [Medicus-Health](#)
9. Review requirements for disinfection of environmental surfaces.
- a. [Information](#) on surface disinfectants
 - b. [Information](#) on furniture
 1. Antimicrobial [swivel chair](#)
 2. Antimicrobial [armrest chair](#)
 3. [Waterproof chair covers](#)
 4. [Information](#) about safe disinfectants for fabric furniture
10. Assess linens/laundry
- a. Ensure a full week's supply ahead
 - b. [Vinyl pillow covers](#)
 - c. Handling/storage of clean and used/contaminated linens/laundry
 - d. Consider linen service: [Nixon](#) [Dempsey](#)
 1. Also check and compare quotes for local linen service companies
11. Healthcare appropriate attire
- a. Scrubs/medical wear
 1. [Importance](#) of medical uniforms
 2. Medical wear/scrub vendors:
 1. [Uniform Advantage](#)
 2. [Allheart](#)
 3. [Scrubs & Beyond](#)
 4. [Jaanuu](#)
 5. [Medelita](#)
 6. [Figs](#)
 7. [The Uniform Outlet](#)
 - b. Non-medical clothing worn for practice should be changed prior to and post workday treatments.